Implementing Connect for foster and kinship caregivers in Australia

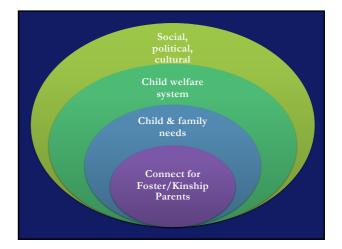
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Child protection system in Australia

- State/territory governments are responsible for statutory child protection
- Kinship & foster caregivers are typically case-managed by government child protection & community out-ofhome care (OOHC) agencies, respectively
- Rate of children entering OOHC has remained constant over past few years
- BUT kinship care is on the rise

#### System in crisis?

- Indigenous children are 11 times more likely to be placed in care
  - Lack of cultural support planning for children
- Kinship caregivers' mistrust of & stress re the system
   SA
- Shortage of foster caregivers
  More exiting than entering



- Focused on crises vs promoting wellbeing?
- High staff turnover

The workforce in the child protection system needs urgent reform

### Implications for implementation of Connect for Foster/Kinship Parents

- System-level: Advocacy for therapeutic supports
- Shared agenda re meaningful Child welfare system outcomes
- Effective system of Child & family needs providing ongoing facilitator training onnect for er/Kinshi Parents
- Cultural adaptations for foster/kinship caregivers of Indigenous children

#### Implications for <u>delivery</u> of Connect for Foster/Kinship Parents groups

- Containing caregivers' distress
- Who will be the facilitators?
  - Considering the most appropriate teams within services from which to recruit facilitators
- Need for separate foster & kinship groups Led to program adaptations for kinship caregivers
- Focus on unique family dynamics
- Location?

# Program fit & uptake: Kinship caregivers

'This program is highly recommended It opened my eyes & understanding of what our children went through"

> "The uniqueness of kinship care was recognised"

### "It would be great if this could continue as it was lovely to connect with other caregivers going through similar

experiences' "This course should be

offered to kinship caregivers in the early stages of placement. It might stop a lot of placement breakdowns"

- ✓ On average caregivers attended 85% of the sessions across the program (range = 50% - 100%)
- $\checkmark Dropouts = 2 (due to work or family commitments)$

- Shorter school terms in Australia
- Overlap with other mental health interventions?
- Change in Directors & managers

